

Exploding Heart Class

The full pattern will be given after the class is completed

We will be meeting in two sessions

Thursday, January 19, 2023, from 6:30pm-8:30pm

Saturday, February 11, 2023, from 9:00am-1:00pm

There is prep / homework:

PLEASE have your cutting completed before the 1st session so we progress together!

Supplies and Yardage

This pattern assumes:

* Fabrics have a WOF (width of fabric) of at least 42"

* Fat Quarters (FQs) measure at least 18" x 21"

* Seam allowance is 1/4"

Supplies (aside from your machine and the fabrics)

Thread Fabric marking pen/pencil Ruler

Rotary cutter and mat Pressing mat/ ironing board and iron

Optional: 4 1/2" half square triangle Bloc-Loc ruler (for large size top) or 3" square (for small size top)

Optional: Seam tape for your machine

YARDAGE

Large Throw 72" x 72"

	<u>3-Color</u>	<u>Scrappy</u>
B/G	4 yd	4 yd
Color 1	5 FQ	n/a
Color 2	5 FQ	n/a
Color 3	5 FQ	n/a
Scrappy Colors	n/a	15 FQ

Wall / Baby 45" x 45"

	<u>3-Color</u>	<u>Scrappy</u>
B/G	1-2/3 yd	1-2/3 yd
Color 1	5 pcs 4.5" x WOF	
Color 2	5 pcs 4.5" x WOF	
Color 3	5 pcs 4.5" x WOF	
Scrappy Colors		15 pcs 4.5" x WOF

If there are any questions about the supply list, your fabrics, prep work or directions, please contact me directly:

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“HOMEWORK”- Prep work must be completed BEFORE our 1st session. This should take approx. 2-3 hours.

Task #1 - Cut all fabric Squares:

For large top (72x72)

108 Background squares – 4.5” x 4.5”
89 Background squares – 5.5” x 5.5”
131 Colors squares – 5.5” x 5.5”

For small top (45x45)

108 Background squares – 3” x 3”
89 Background squares – 4” x 4”
*131 Colors squares – 4” x 4”

*This is the total you will need for the focal fabrics (your color.) If using 3 colorways you can make 44 in each of the 3 colorways (e.g. - blue, green, purple) but if you have 6 colors, like I did for the rainbow, then cut 22 in each color. For 15 different fabrics I cut 9 of each fabric. It’s ok to have a couple extra cuts of fabric in case of errors. ***If making the small size (45x45) a strip of 4.5” x WOF yields 9 when cut 4” x 4”***

Task #2 - Sort and pair up the fabrics needed for the blocks. This really helps you move along faster – trust the process! There are six different block components, and having them sorted, separated, and labeled will help immensely.

Set aside your 108 background squares in the smaller cut (4.5” for 72x72 =or= 3” x 3” for 45x45) These are your Block A pieces and you won’t need them until piecing your rows together.

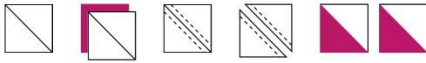
Pair up the larger size cuts. Spread the color around and take a variety of your fabrics:

Block B 42 b/g & 14 color
Block C 9 b/g & 9 color
Block D 30 b/g & 30 color
Block E 8 b/g & 24 color
Block F 54 color

Task #3 - Part One of sewing blocks. You are only partially making these blocks – there will be leftover pieces. Do not true-up or trim down after sewing. There is a Part Two to these blocks we will complete in the classroom. I recommend that you keep each set of blocks/fabrics together in a Ziploc.

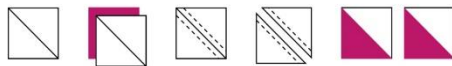
Block B

Use a fabric marking pen/pencil to draw a diagonal line on the back of all background squares. Place one background square right sides together with a colored square. Sew ¼” on either side of the drawn line. Cut apart on the drawn line and press seam toward the colored fabric to make two half square triangles (HSTs). Repeat to make 28 HSTs. Set aside extra pieces not used for the classroom. Keep all pieces together.



Block C

Draw a diagonal line on the back of all background squares. Place one background square right sides together with a colored square. Sew ¼” on either side of the drawn line. Cut apart on the drawn line and press seam toward the colored fabric to make two HSTs. Repeat to make 18 HSTs. Keep all pieces together.



Block D

Draw a diagonal line on the back of half of the colored squares. Place one of these squares right sides together with an unmarked colored square. Sew ¼” on either side of the drawn line. Cut apart on the drawn line and press seam toward the darker fabric to make two HSTs. Repeat to make 30 HSTs. Set aside extra pieces not used for the classroom. Keep all pieces together.



Block E

(1) Draw a diagonal line on the back of all background squares. Place one background square right sides together with a colored square. Sew ¼” on either side of the drawn line. Cut apart on the drawn line and press seam toward the colored fabric to make two half square triangles (HSTs). Repeat to make 16 HSTs.



(2) Draw a diagonal line on the back of eight of the colored squares. Place one of these squares right sides together with an unmarked colored square. Sew ¼” on either side of the drawn line. Cut apart on the drawn line and press seam toward the darker fabric to make two HSTs. Repeat to make 16 HSTs. Keep all pieces together.

peat to make 16 HSTs.



Block F

Draw a diagonal line on the back of 27 of the colored squares. Place one of these squares right sides together with an unmarked colored square. Sew ¼” on either side of the drawn line. Cut apart on the drawn line and press seam toward the darker fabric to make two HSTs. Repeat to make 54 HSTs. Set aside extra pieces not used for the classroom. Keep all pieces together.

