

Artful Couching with Rachel Derstine Zoom class, April 22, 9-noon

SUPPLY LIST

1. Striped Batik – 38” x 18”, or you may use any fabric of your preference
2. Backing, facing & sleeve – 1 yard
3. Batting – 38” x 18”
4. Stabilizer of your choice
I use Pellon 806 Stitch n’ Tear – 38” x 18”. We will be adding a layer of stabilizer into our quilt sandwich before basting it all together
5. Threads – these are what I like to use but you may have your own favorites
Madeira – Super Twist #30 – 2 or more colors
https://sitnsewfabrics.com/home-embroidery/thread/?_bc_fsnf=1&Material=Super%20Twist
Glide Thread
<https://quiltedjoy.com/shop/product-category/machine-quilting-thread/glide-thread>
YLI Harriet Hargrave’s Monofilament Clear
<https://redrockthreads.com/misc-thread/invisible-thread.asp>
6. Yarn
Assorted colors to match – 3 colors or more
Use worsted weight or use 2-3 strands together to match that weight
Don’t be afraid to try a variety of yarns!
7. Fray Check by Dritz
8. Rotary Cutter and Mat
9. Scissors
10. Chalk Board Chalk or your marking tool of choice to mark curvy lines if you wish
11. Sewing machine with ability to zig zag stitch
12. Cording, open toe or couching foot: Bernina #21, #20, #1, or comparable foot for your brand of machine
13. Walking foot for quilting